

The Authenticity Advantage™

Today's Focus: Gratitude

Gratitude is my attitude today!

I will express gratitude ten times today.



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Today's Focus: Forgiveness

Today I will forgive myself for that thing.

No, "yeah, but's" only love.



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Today's Focus: Vulnerability

Vulnerability is my greatest strength!

What door can vulnerability open today?



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Today's Focus: Choice

What I choose today matters.

What choice is in front of me now?



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Today's Focus: Love

The light of love is inside me!

I will share my love light 3 times today.



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Today's Focus: Vision

Today I envision the life I choose.

Add three new items to your vision board.



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Today's Focus: Positivity

I experience the good in life.

What will positivity transform today?



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Today's Focus: Unmasking

I make it safe to unmask.

What mask will I take off today?



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